My name is I live locally at My phone number is If you are self-isolating due to COVID-19 I can help with: Picking up shopping Posting mail A friendly phone call Urgent supplies Just call or text me and I'll do my best to help you (for free!) Coronavirus is contagious - please take precautions to ensure you are spreading only kindness. Avoid physical contact. Items should be left on your doorstep.

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